

LEADERSHIP ESSENTIALS

Impulse Workshops (2–4 Hours) – Individually Bookable

COMMUNICATION & CONVERSATIONS

Listen. Align. Facilitate.

LEADERSHIP IN TIMES OF CHANGE

Adapt. Support. Navigate.

1 CONDUCTING EMPLOYEE CONVERSATIONS

- Use structured conversation techniques (goal setting, feedback, development)
- Address difficult topics confidently
- Agree on clear, actionable commitments

2 CONFLICT MANAGEMENT

- Recognize conflicts early
- Prevent escalations
- Facilitate solution-oriented discussions

3 MEDIATION

- Facilitate structured conflict resolution
- Highlight interests rather than positions
- Create lasting agreements

4 DEALING WITH CHANGE

- Understand dynamics of change
- Lead employees through uncertainty
- Increase acceptance and commitment

5 MENTAL HEALTH

- Recognize early signs of stress
- Strengthen team resilience
- Foster a healthy work environment

6 PROJECT LEADERSHIP

- Lead without direct authority
- Navigate stakeholders effectively
- Make decisions under uncertainty

Interested? Contact us.